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## Tri County High School

LUNCH MENU April 29th - May 3rd, 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Chicken Drumstick | Burger Bar | TOTchos | Chinese Salad | Thai Tacos |
|  | Chicken Drumstick Macaroni \& Cheese Roasted Buffalo Cauliflower Roasted Buffalo Cauliflower | 100\% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings <br> Shoe String Fries | Tator Tots <br> Turkey Barbacoa with Cheese Sauce and Guacamole Corn Muffin Baked Cheetoes | Cabbage, Napa Cabbage, Shredded Carrots, WG Spaghetti, and Diced Chicken Spicy Thai Vinaigrette | Chicken Tenders with a Thai Sweet Chili Sauce <br> Tortilla Wrap <br> Thai Slaw |
|  | Pepperoni Pizza <br> Classic Cheese Pizza | Bacon Cheeseburger Pizza <br> Classic Cheese Pizza | Hawaiian Pizza <br> Classic Cheese Pizza | Pepperoni \& Jalapeno Pizza <br> Classic Cheese Pizza | Supreme Sausage Pizza <br> Classic Cheese Pizza |
| 들 | Beef Cheeseburger <br> Breaded Chicken Sandwich | Salami \& Cheese on a Croissant <br> BBQ Breaded Chicken with Cheddar Cheese | Jalapeno Cheddar Burger Chicken Ranch Sandwich | BLT Burger <br> Turkey, Bacon, and Pepperjack on a Bun | Beef Taco Hand Pie Grilled Chicken Sandwich |
| $D$ | Chicken BLT Salad | Turkey, Ham, Egg, Chef Salad with Provolone | Spinach, Egg, and Spinach Salad with Mediterranean Vinaigrette | Ham, Turkey, and Pepperjack Chef Salad | Italian Salad with Pepperoni, Ham, Salami, and Mozzarella Cheese |
| ) | Ham and Swiss Sub | Turkey Hummus Wrap | Roast Beef Provolone Sub | Egg Veggie Wrap with Cream Cheese | Egg Salad On a Croissant with Lettuce |
| Make your own Parfait Bar |  |  |  |  |  |
|  | Black Bean Salad <br> Romaine Lettuce <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Green Peas <br> Power Carrots | Celery Sticks <br> Romaine Lettuce <br> Fresh Whole Fruit <br> Assorted Chilled Fruit Sweet Corn Salad Fresh Broccoli | Power Carrots <br> Romaine Lettuce <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Grape Tomatoes <br> Black Bean Salad | Black Bean Salad <br> Romaine Lettuce <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Power Carrots <br> Sliced Cucumbers | Fresh Cauliflower <br> Romaine Lettuce <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Black Bean Salad <br> Grape Tomatoes |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

