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## Tri County High School

LUNCH MENU May 6th - 10th, 2024

| Monday |  | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Nacho Bowl | Chicken Gravy Bow | Korean Chicken \& Noodles | Chicken Bar | Baked Potato Bar |
| $\begin{aligned} & \square \\ & 40 \\ & \square \\ & 4 \end{aligned}$ | Spicy Taco Meat <br> Tortilla Chips Shredded Cheddar <br> Refried Beans Guacamole Sour Cream Pico de Gallo | Popcorn Chicken Mashed Potatoes with Gravy Shredded Cheddar Seasoned Corn Dinner Roll | Yakisoba Noodles with Diced Chicken, Korean Sauce, and Bok Choy | Spicy or Regular Chicken Patty Regular or Pretzel Bun Assorted Cheeses and Toppings Crinkle Cut Friew | Baked Potato with <br> Cheddar Cheese <br> Assorted Toppings, <br> jalapeno, bacon, sour <br> cream, butter, chili, <br> and green onions |
|  | Pepperoni Pizza <br> Classic Cheese Pizza | Sausage Pizza <br> Classic Cheese Pizza | Chicken Bacon Ranch Pizza Classic Cheese Pizza | Pepperoni Pizza <br> Classic Cheese Pizza | Scrambled Egg \& Sausage Pizza Classic Cheese Pizza |
|  | Classic Cheeseburger <br> Breaded Chicken Sandwich | Pork \& Cheese Quesadilla Garden Burger on a WG Bun | Turkey Burger with Cheddar and Jalapenos <br> Breaded Chicken with Pickles Sandwich | Cheddar Burger with Avocado <br> Pulled Pork Sub with Provolone | $\begin{array}{\|c} \text { Bacon Cheddar BBQ } \\ \text { Burger } \\ \text { Breaded Chicken and } \\ \text { Cheese Sandwich } \end{array}$ |
|  | Chicken and Cheese Chef Salad | 3 Cheese Chef Salad | Mediterranean Salad with Tzitziki Dressing | Ham \& Cheddarr Cheese Chef Salad | Egg and Cheddar Chef Salad |
|  | Turkey \& Cheese Sub | Roast Beef Sub with Horseradish Sauce | Italian Hoagie | All American Sub | Swiss \& Pepperjack on a Sub with Guacamole |
|  | Make your own Parfait Bar |  |  |  |  |
|  | Celery Sticks Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Power Carrots | Cauliflowerettes Golden Corn Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Chickpea Salad | Cheddar Pea Salad <br> Sliced Cucumbers <br> Fresh Whole Fruit <br> Assorted Chilled Fruit <br> Chopped Romaine <br> Grape Tomatoes | Chickpea Salad Broccoli Flowerettes Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Celery Sticks | Grape Tomatoes <br> Red Pepper Strips <br> Fresh Whole Fruit <br> Assorted Chilled Fruit Chopped Romaine Cheddar Pea Salad |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include $1 \%$ white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

