

# School Wellness Newsletter

September 2023

## TC District Nurses

**Kimberly Thompson RN** has been in the district for just over 3 years. She has been a nurse for 20+years working in multiple settings ranging from interventional radiology, orthopedics, operating room, Lemmen-Holton Cancer center, Emergency room, endoscopy, and the Intensive care unit.



**Jamie Moline RN** has been in the district for over 2 years and has past experience working at the hospital in Fremont. She has a broad past experience on the Medical surgical floor, Emergency room, Intensive care unit, and obstetrics. Jamie has been a nurse for 11+years.

The TC district nurses will be present in the district from 7am till 4pm Monday- Friday. They are also available after hours by phone/email.

**Email:** [nurse@tricountyschools.com](mailto:nurse@tricountyschools.com)

**Website:** [www.tricountyschools.com](http://www.tricountyschools.com)

**Location:** [Tri County Area Schools, MI, USA](#)

**Phone:** 616-302-1187 & 616-893-2925

## MEDICATIONS

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Tri County School District, requires all medications be brought in by a parent/legal guardian. Over the counter medications need to arrive in the original container and unopened. The medication authorization form needs to be filled out by the parent/legal guardian.



Prescription medications need to also be delivered by the parent/legal guardian also in original package with the students name, date of birth, medication name, and instructions on the container.

The medication authorization form will need to be filled out by the parent/legal guardian and also the ordering physician before administration is allowed at the school.

The school does not provide any medications, ointments, bug spray, or sunscreens to students. The nurse can offer Band-Aids, ice, cold and warm therapy but all medications need to be provided by the parent/legal guardian.

### **medicationauthorization2017.pdf**

Needs to be filled out prior to medication administration.

[Download](#)

117.4 KB

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## *IMMUNIZATIONS*

### [Michigan Department of Health & Human Services Parent Letter](#)

Michigan Public Health code states that a child enrolling in Kindergarten, 7th grade, or newly enrolled in the district in any grade, must show proof of full immunization or a waiver by the first day of school. Please see the "Vaccines Required for School Entry" information below.

Entering Young 5s, Kindergarteners, 7th graders, and new students of any grade must turn in their immunization records to their school office BEFORE the first day of school.

### **Immunization Clinics**

Immunization clinics at Mid-Michigan District Health Department provide vaccinations as recommended by the Centers for Disease Control (CDC) Advisory Committee for Immunization Practices (ACIP). Walk-ins will be accommodated as the schedule allows, but appointments are preferred.

**Clinic hours vary by county. For more information or to schedule an appointment, call one of our branch offices listed above.**

### **Montcalm County**

**989-831-5237**

**(Option 5, then 2)**


**Stanton, MI**

[Waiver](#)



# Vaccines Required for School Entry in Michigan

Whenever children are in group settings, there is a chance for disease to spread. Parents must follow state vaccine laws in order for their children to attend school. These laws are the minimum standard for preventing disease outbreaks in group settings. The best way to protect children from serious diseases is to follow the recommended vaccination schedule at [www.CDC.gov/Vaccines](http://www.CDC.gov/Vaccines). When following the recommended schedule children are fully protected and any school vaccination requirements are met.

	All kindergartners and 4–6-year-old transfer students	All 7th graders and 7–18-year-old transfer students
Diphtheria, Tetanus, Pertussis (DTP, DTaP, Tdap)	4 doses DTP or DTaP 1 dose must be at or after 4 years of age	4 doses diphtheria and tetanus or 3 doses if 1 <sup>st</sup> dose given on or after 1 year of age 1 dose Tdap at 11 years of age or older upon entry into 7 <sup>th</sup> grade or higher
Polio	4 doses <sup>1</sup> or 3 doses if dose 3 was given on or after 4 years of age	
Measles, Mumps, Rubella (MMR) <sup>2</sup>	2 doses at or after 12 months of age	
Hepatitis B <sup>2</sup>	3 doses	
Meningococcal Conjugate (MenACWY)	None	1 dose at 11 years of age or older upon entry into 7 <sup>th</sup> grade or higher
Varicella (Chickenpox) <sup>2</sup>	2 doses at or after 12 months of age or current lab immunity or history of varicella disease	

<sup>1</sup>All doses of vaccines must be valid (follow [CDC Immunization Schedule](http://www.CDC.gov/immunization-schedule) for number of doses, correct spacing, and ages) for school entry purposes. These rules apply to children who are the above ages upon entry into school. <sup>2</sup>If the child has not received these vaccines, documented immunity is required. During disease outbreaks, incompletely vaccinated children may be excluded from school. Parents and guardians choosing to decline vaccines must obtain a certified non-medical waiver from a local health department. Read more about waivers at [www.Michigan.gov/immunize](http://www.Michigan.gov/immunize). The Michigan Department of Health and Human Services (MDHHS) does not discriminate against any individual or group on the basis of race, national origin, color, sex, disability, religion, age, height, weight, familial status, partisan considerations, or genetic information. Sex-based discrimination includes, but is not limited to, discrimination based on sexual orientation, gender identity, gender expression, sex characteristics, and pregnancy. MDHHS-Pub-1378 (Rev. 4-23)



[Google Image Result for https://mcir.org/wp-content/uploads/2023-SchoolEntryImage.png](https://mcir.org/wp-content/uploads/2023-SchoolEntryImage.png)

[images.app.goo.gl](https://images.app.goo.gl)

## COVID

We will not be testing staff or students for COVID at this time. If you or your student have symptoms please call your family doctor and proceed with their recommendations. If your student tests positive for covid please email the school nurse for further instruction on a return to school date.

### If you test positive, whether you have symptoms or not

\*\*\*\*\*Regardless of your vaccination status or infection history:

#### Isolate for at least 5 days

- Sleep and stay in a separate room from those not infected
- Use a separate bathroom if you can
- Wear a mask around others, even at home

You can end isolation early, after Day 5, if:

- You have no fever for 24 hours without taking fever-reducing medication, AND
- Your other symptoms are gone or improving

If you still have a fever, continue to isolate until the fever is gone for at least 24 hours

If other symptoms are not improving, continue to isolate through Day 10

After you end isolation:

It is recommended to wear a mask around others for 10 full days after the start of symptoms. If you have no symptoms, it is recommended to wear a mask for 10 full days after your positive test.

*You may remove your mask sooner than Day 10 if you have two negative tests in a row, at least one day apart.*

For children who test positive:

Children under 2 years can end isolation after Day 5

Children 2 years and older should follow the steps above for ending isolation

**There currently is no Quarantine for exposures at this time, so if you were in close contact with a family member, coworker, student continue to go about life as normal unless symptoms present themselves. If symptoms present, call your family physician.**



**Kim Thompson**

Kim is using Smore to create beautiful newsletters