## Suicide Awareness and Prevention for Caregivers and Communities

## **Thursday February 6**

4:30-6PM ET / 2:30-4pm MT

Presentation will take place via Zoom

Anyone can learn to help a student who is at risk of suicide.





Youth are struggling with suicide and suicidal ideation at alarming and increasing rates. More than 20% of teens have seriously considered suicide, and among all young people, suicide is a leading cause of death. Suicide is preventable and suicide prevention is a shared and important responsibility among families and schools.

Learn more at an upcoming presentation for caregivers and communities. Discussion will include:

- Dispelling myths
- Risk factors and warning signs
- Safety in our homes
- Starting the conversation
- Additional resources for support

## Facilitated by Natalie Burns, LMSW, MA

Natalie has expertise in the assessment and treatment of suicidal youth, psychosocial interventions with children and families, and suicide prevention in K-12 schools. She leads the crisis intervention work at **TRAILS**, a youth mental health program working to make effective mental health services accessible in all schools.

3 ways to register: <u>Click Here</u> access QR code to the right or enter https://bit.ly/TRAILS\_2-6\_training



