Suicide Awareness and Prevention for Caregivers and Communities

Thursday February 6

4:30-6PM ET / 2:30-4pm MT

Presentation will take place via Zoom

Anyone can learn to help a student who is at risk of suicide.





Youth are struggling with suicide and suicidal ideation at alarming and increasing rates. More than 20% of teens have seriously considered suicide, and among all young people, suicide is a leading cause of death. Suicide is preventable and suicide prevention is a shared and important responsibility among families and schools.

Learn more at an upcoming presentation for caregivers and communities. Discussion will include:

- Dispelling myths
- Risk factors and warning signs
- Safety in our homes
- Starting the conversation
- Additional resources for support

Facilitated by Natalie Burns, LMSW, MA

Natalie has expertise in the assessment and treatment of suicidal youth, psychosocial interventions with children and families, and suicide prevention in K-12 schools. She leads the crisis intervention work at **TRAILS**, a youth mental health program working to make effective mental health services accessible in all schools.

3 ways to register: <u>Click Here</u> access QR code to the right or enter https://bit.ly/TRAILS_2-6_training



