









## **Tri County High School**

5LUNCH MENU January 27th - 31st, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Chicken Drumstick</b>	Burger Bar	TOTchos	<b>Breakfast Casserole</b>	Soup & Sandwich
create	Chicken Drumstick Caesar Pasta Salad Roasted Buffalo Cauliflower	100% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings	Tator Tots  Turkey Barbacoa with  Cheese Sauce and  Guacamole	Spicy Sausage Breakfast Casserole with a Cheddar Biscuit Crust	Tomato Soup 3 Grilled Cheese Sandwich
$\Box$		Seasoned Curly Fries	Corn Muffin Fritos	Banana Muffin Tator Tots	
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mato	Pepperoni Pizza	Bacon Cheeseburger Pizza	Hawaiian Pizza	Pepperoni & Jalapeno Pizza	Supreme Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
E)II	Beef Cheeseburger	Sausage, Egg, and Cheese on Croissant	Jalapeno Cheddar Burger	BLT Burger	Turkey Barbacoa Quesadilla
	Breaded Chicken Sandwich	BBQ Breaded Chicken with Cheddar Cheese	Chicken Ranch Sandwich	Turkey, Bacon, and Pepperjack on a Bun	Grilled Chicken Sandwich
EGO	Chicken BLT Salad	Turkey, Ham, Egg, Chef Salad with Provolone	Ham and Cheddar Chef Salad	Ham, Turkey, and Pepperjack Chef Salad	Italian Salad with Pepperoni, Ham, Salami, and Mozzarella Cheese
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Ó	Ham and Swiss Sub	Turkey Hummus Wrap	Roast Beef Provolone Sub	Egg Veggie Wrap with Cream Cheese	Egg Salad On a Croissant with Lettuce
		N	Make your own Parfait Bar	•	
EXTERN	Black Bean Salad	Celery Sticks	Power Carrots	Black Bean Salad	Fresh Cauliflower
	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
janji .	Green Peas	Sweet Corn Salad	Grape Tomatoes	Power Carrots	Black Bean Salad
	Power Carrots	Fresh Broccoli	Black Bean Salad	Sliced Cucumbers	Grape Tomatoes

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338