



Tri County High School

LUNCH MENU October 21st - 25th, 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|---|--|---|--|---|
| create | Chicken Drumstick Chicken Drumstick Caesar Pasta Salad Roasted Buffalo Cauliflower | Burger Bar 100% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings Seasoned Curly Fries | TOTchos Tator Tots Turkey Barbacoa with Cheese Sauce and Guacamole Corn Muffin Fritos | Breakfast Casserole Spicy Sausage Breakfast Casserole with a Cheddar Biscuit Crust Banana Muffin Tator Tots | Soup & Sandwich Tomato Soup 3 Grilled Cheese Sandwich |
| 2^{matto} | Pepperoni Pizza Classic Cheese Pizza | Bacon Cheeseburger Pizza Classic Cheese Pizza | Hawaiian Pizza Classic Cheese Pizza | Pepperoni & Jalapeno Pizza Classic Cheese Pizza | Supreme Sausage Pizza Classic Cheese Pizza |
| grill'd | Beef Cheeseburger Breaded Chicken Sandwich | Sausage, Egg, and Cheese on Croissant BBQ Breaded Chicken with Cheddar Cheese | Jalapeno Cheddar Burger Chicken Ranch Sandwich | BLT Burger Turkey, Bacon, and Pepperjack on a Bun | Turkey Barbacoa Quesadilla Grilled Chicken Sandwich |
| ON THE GO | Chicken BLT Salad | Turkey, Ham, Egg, Chef Salad with Provolone | Ham and Cheddar Chef Salad | Ham, Turkey, and Pepperjack Chef Salad | Italian Salad with Pepperoni, Ham, Salami, and Mozzarella Cheese |
| | Ham and Swiss Sub | Turkey Hummus Wrap | Roast Beef Provolone Sub | Egg Veggie Wrap with Cream Cheese | Egg Salad On a Croissant with Lettuce |
| | Make your own Parfait Bar | | | | |
| EXTRA EXTRA | Black Bean Salad Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Green Peas Power Carrots | Celery Sticks Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Sweet Corn Salad Fresh Broccoli | Power Carrots Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Grape Tomatoes Black Bean Salad | Black Bean Salad Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Sliced Cucumbers | Fresh Cauliflower Romaine Lettuce Fresh Whole Fruit Assorted Chilled Fruit Black Bean Salad Grape Tomatoes |

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338