



Tri County High School

LUNCH MENU October 28th - November 1st, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
create	Chicken Bar Spicy or Regular Chicken Patty Regular or Pretzel Bun Assorted Cheeses and Toppings Seasoned Curly Fries	Chicken Gravy Bow Popcorn Chicken Mashed Potatoes with Gravy Shredded Cheddar Seasoned Corn Dinner Roll	Quiche!! Sausage & Egg Quiche with Pepperjack Cheese and Chilis Cinnamon Roll Hash Browns	Nacho Bowl Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole Sour Cream Pico de Gallo	No School Today
2nd mateo	Pepperoni Pizza Classic Cheese Pizza	Sausage Pizza Classic Cheese Pizza	Chicken Bacon Ranch Pizza Classic Cheese Pizza	Pepperoni Pizza Classic Cheese Pizza	Scrambled Egg & Sausage Pizza Classic Cheese Pizza
grill'd	Classic Cheeseburger Breaded Chicken Sandwich	Pork & Cheese Quesadilla Garden Burger on a WG Bun	Pizza Burger with Mozzarella Breaded Chicken with Pickles Sandwich	Cheddar Burger with Avocado Pulled Pork Sub with Provolone	Bacon Cheddar BBQ Burger Breaded Chicken and Cheese Sandwich
ON THE GO	Chicken and Cheese Chef Salad	3 Cheese Chef Salad	Mediterranean Salad with Tzitziki Dressing	Ham & Cheddarr Cheese Chef Salad	Egg and Cheddar Chef Salad
	Turkey & Cheese Sub	Roast Beef Sub with Horseradish Sauce	Italian Hoagie	All American Sub	Swiss & Pepperjack on a Sub with Guacamole
	Make your own Parfait Bar				
EXTRA EXTRA	Celery Sticks Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Power Carrots	Cauliflowerettes Golden Corn Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Chickpea Salad	Cheddar Pea Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Grape Tomatoes	Chickpea Salad Broccoli Flowerettes Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Celery Sticks	Grape Tomatoes Red Pepper Strips Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine Cheddar Pea Salad

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338