



# Tri County High School

## LUNCH MENU October 7th - 11th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast for Lunch</b>	<b>Buffalo Blue Wrap</b>	<b>Queso Nachos</b>	<b>Cheesey Bosco</b>	<b>Frank N' Beans</b>
<b>create</b>	French Toast Scrambled Eggs Sausage Patty Tater Tots Maple Syrup	Popcorn Chicken Cheddar Cheese Tortilla Wrap Assorted Toppings & Blue Cheese Sauce	Chili and Beans Nachos with Queso Sauce and Tortilla Chips  Corn & Black Bean Salad	Cheesey Bosco Sticks  Marinara Sauce Cauliflower "Potato" Salad	Boston Baked Beans with Franks!  Housemade Cornbread Onions and Jalapenos
<b>2<sup>mate</sup></b>	Pepperoni Pizza  Classic Cheese Pizza	Veggie Lover's Pizza  Classic Cheese Pizza	Chicken Alfredo Pizza  Classic Cheese Pizza	Meat Lover's Pizza  Classic Cheese Pizza	Broccoli Cottage Pizza  Classic Cheese Pizza
<b>grill'd</b>	Cheeseburger on WG Bun  Spicy Chicken Sandwich	Pizza Burger  Chicken Parm Sandwich	Chicken Tenders with a Biscuit  Pepperjack Burger with Jalapeno on WG Bun	Mexi Cheeseburger  BBQ Breaded Chicken with Cheddar	Pulled Pork Sandwich  Cheese Breadsticks with Pizza Sauce Dip
<b>ON THE GO</b>	Hummus with Chips and Veggies	Honey Ginger Salad with Chicken	Turkey & Ham Chef Salad with Cheddar	Greek Chicken Salad with Feta	Boneless Chicken Wing Salad with Veggies
	Italian Sub	Chicken Salad on a Croissant	Buffalo Ranch Grilled Chicken Wrap  Make your own Parfait	Veggie Wrap with Hummus and Feta	Triple Decker PB&J Sandwich
<b>EXTRA!</b>	Sliced Cucumber Chopped Romaine Grape Tomatoes Green Peppers Power Carrots Fresh Whole Fruit Assorted Chilled Fruit	Grape Tomatoes Chopped Romaine Caribbean Salad Fresh Cauliflower Corn Ranch Salad Fresh Whole Fruit Assorted Chilled Fruit	Sliced Cucumbers Chopped Romaine Red Pepper Strips Baked Beans Caribbean Salad Fresh Whole Fruit Assorted Chilled Fruit	Power Carrots Chopped Romaine Caribbean Salad Corn Ranch Salad Baked Beans Fresh Whole Fruit Assorted Chilled Fruit	Fresh Cauliflower Chopped Romaine Grape Tomatoes Corn Ranch Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit

**HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.**

Menus subject to change without notice

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118