









## **Tri County High School**

LUNCH MENU September 2nd - 6th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Bar	Chicken Gravy Bow	Nacho Bowl	Turkey Meatloaf
		Spicy or Regular Chicken Patty	Popcorn Chicken	Spicy Taco Meat  Tortilla Chips	Housemade Turkey Meatloaf
create	No School Today	Regular or Pretzel Bun Assorted Cheeses	Shredded Cheddar Seasoned Corn	Shredded Cheddar Refried Beans Guacamole	Baked Potatoes with Butter or Sour Cream Garlic Breadstick
		and Toppings Seasoned Curly Fries	Dinner Roll	Sour Cream Pico de Gallo	Chipotle Ketchup
mato	Pepperoni Pizza	Sausage Pizza	Chicken Bacon Ranch Pizza	Pepperoni Pizza	Scrambled Egg & Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
grill(d	Classic Cheeseburger	Pork & Cheese Quesadilla	Turkey Burger with Cheddar and Jalapenos	Cheddar Burger with Avocado	Bacon Cheddar BBQ Burger
.E0	Breaded Chicken Sandwich	Garden Burger on a WG Bun	Breaded Chicken with Pickles Sandwich	Pulled Pork Sub with Provolone	Breaded Chicken and Cheese Sandwich
90	Chicken and Cheese Chef Salad	3 Cheese Chef Salad	Mediterranean Salad with Tzitziki Dressing	Ham & Cheddarr Cheese Chef Salad	Egg and Cheddar Chef Salad
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6	Turkey & Cheese Sub	Roast Beef Sub with Horseradish Sauce	Italian Hoagie	All American Sub	Swiss & Pepperjack on a Sub with Guacamole
	Make your own Parfait Bar				
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	Celery Sticks	Cauliflowerettes	Cheddar Pea Salad	Chickpea Salad	Grape Tomatoes
3	Cheddar Pea Salad	Golden Corn	Sliced Cucumbers	Broccoli Flowerettes	Red Pepper Strips
3 3	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
N W	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Chopped Romaine Power Carrots	Chopped Romaine Chickpea Salad	Chopped Romaine Grape Tomatoes	Chopped Romaine Celery Sticks	Chopped Romaine Cheddar Pea Salad

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338