

Tri County High School LUNCH MENU September 23th - 27th, 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|---------------------------|--|-------------------------------|---|--|
| | Chicken Drumstick | Burger Bar | TOTchos | Breakfast Casserole | Soup & Sandwich |
| (\mathbf{D}) | Chicken Drumstick | 100% Beef Patty | Tator Tots | Spicy Sausage | Tomato Soup |
| ٽل ا | Caesar Pasta Salad | Regular or Pretzel Bun | Turkey Barbacoa with | Breakfast Casserole | 3 Grilled Cheese |
| g | Roasted Buffalo | Assorted Cheeses, | Cheese Sauce and | with a Cheddar Biscuit | Sandwich |
| create | Cauliflower | Lettuce, Tomatoes, and | Guacamole | Crust | |
| 5 | | other Burger toppings | Corn Muffin | Banana Muffin | |
| \bigcirc | | | Fritos | Tator Tots | |
| | | Seasoned Curly Fries | | | |
| | | | | | |
| mato | Pepperoni Pizza | Bacon Cheeseburger Pizza | Hawaiian Pizza | Pepperoni & Jalapeno Pizza | Supreme Sausage Pizza |
| | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza |
| | | | | | |
| E)II | Beef Cheeseburger | Sausage, Egg, and Cheese on Croissant | Jalapeno Cheddar Burger | BLT Burger | Turkey Barbacoa Quesadilla |
| | Breaded Chicken | BBQ Breaded Chicken | Chicken Ranch | Turkey, Bacon, and | Grilled Chicken |
| 20 | Sandwich | with Cheddar Cheese | Sandwich | Pepperjack on a Bun | Sandwich |
| | | | | | |
| NEGO | Chicken BLT Salad | Turkey, Ham, Egg, Chef Salad with Provolone | Ham and Cheddar Chef Salad | Ham, Turkey, and Pepperjack Chef Salad | Italian Salad with Pepperoni, Ham, Salami, and Mozzarella Cheese |
| 7 | | | | | |
| Ó | Ham and Swiss Sub | Turkey Hummus Wrap | Roast Beef Provolone Sub | Egg Veggie Wrap with Cream Cheese | Egg Salad On a Croissant with Lettuce |
| | Make your own Parfait Bar | | | | |
| | | | | | |
| | Black Bean Salad | Celery Sticks | Power Carrots | Black Bean Salad | Fresh Cauliflower |
| EXTRU | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce | Romaine Lettuce |
| | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit | Fresh Whole Fruit |
| | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit |
| | Green Peas | Sweet Corn Salad | Grape Tomatoes | Power Carrots | Black Bean Salad |
| | Power Carrots | Fresh Broccoli | Black Bean Salad | Sliced Cucumbers | Grape Tomatoes |
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HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include skim white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338