









## **Tri County High School**

LUNCH MENU September 30th - October 4th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
		Chicken Bar	Chicken Gravy Bow	Nacho Bowl	Turkey Meatloaf
Create	No School Today	Spicy or Regular Chicken Patty Regular or Pretzel Bun Assorted Cheeses and Toppings Seasoned Curly Fries	Popcorn Chicken Mashed Potatoes with Gravy Shredded Cheddar Seasoned Corn Dinner Roll	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole Sour Cream Pico de Gallo	Housemade Turkey Meatloaf Baked Potatoes with Butter or Sour Cream Garlic Breadstick Chipotle Ketchup
mato	Pepperoni Pizza	Sausage Pizza	Chicken Bacon Ranch Pizza	Pepperoni Pizza	Scrambled Egg & Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
P)II	Classic Cheeseburger	Pork & Cheese Quesadilla	Pizza Burger with Mozzarella	Cheddar Burger with Avocado	Bacon Cheddar BBQ Burger
.E.	Breaded Chicken Sandwich	Garden Burger on a WG Bun	Breaded Chicken with Pickles Sandwich	Pulled Pork Sub with Provolone	Breaded Chicken and Cheese Sandwich
90	Chicken and Cheese Chef Salad	3 Cheese Chef Salad	Mediterranean Salad with Tzitziki Dressing	Ham & Cheddarr Cheese Chef Salad	Egg and Cheddar Chef Salad
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6	Turkey & Cheese Sub	Roast Beef Sub with Horseradish Sauce	Italian Hoagie	All American Sub	Swiss & Pepperjack on a Sub with Guacamole
		M	ake your own Parfait B	ar	
EXTRE	Celery Sticks Cheddar Pea Salad Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine	Cauliflowerettes Golden Corn Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine	Cheddar Pea Salad Sliced Cucumbers Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine	Chickpea Salad Broccoli Flowerettes Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine	Grape Tomatoes Red Pepper Strips Fresh Whole Fruit Assorted Chilled Fruit Chopped Romaine
	Power Carrots	Chickpea Salad	Grape Tomatoes	Celery Sticks	Cheddar Pea Salad

HIGH SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338