









Tri County Middle School

LUNCH MENU January 27th - 31st, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	Waffle Sandwich	Burger Bar	Chicken Wings	Nacho Bowl	Chicken Alfredo
$\overline{\mathbb{Q}}$	WG Waffles	100% Beef Patty	Sweet & Sour Chicken	Spicy Taco Meat	Diced Chicken
بت	Egg Patty	Regular or Pretzel Bun	Wings	Tortilla Chips	Pasta with Alfredo
B	Sausage Patty	Assorted Cheeses,	Veggie Eggroll	Shredded Cheddar	Sauce
create	American Cheese	Lettuce, Tomatoes, and	Sweet & Sour Dipping	Refried Beans	Dinner Roll
	Tater Tots	other Burger toppings	Sauce	Guacamole	Oven Roasted Broccoli
	Maple Syrup	Seasoned Curly Fries		Pico de Gallo	Overi Noasted Broccoii
mato	Pepperoni Pizza	Bacon Cheeseburger Pizza	Hawaiian Pizza	Pepperoni Pizza with Jalapenos	Supreme Sausage Pizza
	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza	Classic Cheese Pizza
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	Classic Cheeseburger	Chicken Tenders with a Breadstick	Cheddar Burger with Jalapenos	BLT Burger	Classic Cheeseburger
50	Breaded Chicken Sandwich	Chicken Sandwich with BBQ and Cheddar	Chicken Ranch Sandwich	Hot Turkey Sandwich with Bacon/Provolone	Grilled Chicken Sandwich
ON⊭GO	Chicken BLT Salad	Turkey Hummus Wrap with Spinach/Tomatoes	Roast Beef and Provolone on Sliced Bread	Chef Salad with Ham & Cheddar	Egg Salad Croissant
	Make your own Parfait Bar				
3	Black Bean Salad	Celery Sticks	Power Carrots	Black Bean Salad	Cauliflowerettes
	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce	Romaine Lettuce
	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit
	Sliced Red Peppers	2 Bean Salad	Grape Tomatoes	2 Bean Salad	Black Bean Salad
	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
	Power Carrots	Sliced Cucumbers	Cauliflowerettes	Sliced Cucumbers	Grape Tomatoes

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338