



Tri County Middle School

LUNCH MENU October 21st - 25th, 2024

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|---|---|---|--|--|
| create | Waffle Sandwich | Burger Bar | Chicken Wings | Nacho Bowl | Chicken Alfredo |
| | WG Waffles Egg Patty Sausage Patty American Cheese Tater Tots Maple Syrup | 100% Beef Patty Regular or Pretzel Bun Assorted Cheeses, Lettuce, Tomatoes, and other Burger toppings Seasoned Curly Fries | Sweet & Sour Chicken Wings Veggie Eggroll Sweet & Sour Dipping Sauce | Spicy Taco Meat Tortilla Chips Shredded Cheddar Refried Beans Guacamole Pico de Gallo | Diced Chicken Pasta with Alfredo Sauce Dinner Roll Oven Roasted Broccoli |
| 2nd tomato | Pepperoni Pizza | Bacon Cheeseburger Pizza | Hawaiian Pizza | Pepperoni Pizza with Jalapenos | Supreme Sausage Pizza |
| | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza | Classic Cheese Pizza |
| grill'd | Classic Cheeseburger | Chicken Tenders with a Breadstick | Cheddar Burger with Jalapenos | BLT Burger | Classic Cheeseburger |
| | Breaded Chicken Sandwich | Chicken Sandwich with BBQ and Cheddar | Chicken Ranch Sandwich | Hot Turkey Sandwich with Bacon/Provolone | Grilled Chicken Sandwich |
| ON GO THE | Chicken BLT Salad | Turkey Hummus Wrap with Spinach/Tomatoes | Roast Beef and Provolone on Sliced Bread | Chef Salad with Ham & Cheddar | Egg Salad Croissant |
| | Make your own Parfait Bar | | | | |
| EXTRA EXTRA | Black Bean Salad Romaine Lettuce Fresh Whole Fruit Sliced Red Peppers Assorted Chilled Fruit Power Carrots | Celery Sticks Romaine Lettuce Fresh Whole Fruit 2 Bean Salad Assorted Chilled Fruit Sliced Cucumbers | Power Carrots Romaine Lettuce Fresh Whole Fruit Grape Tomatoes Assorted Chilled Fruit Cauliflowerettes | Black Bean Salad Romaine Lettuce Fresh Whole Fruit 2 Bean Salad Assorted Chilled Fruit Sliced Cucumbers | Cauliflowerettes Romaine Lettuce Fresh Whole Fruit Black Bean Salad Assorted Chilled Fruit Grape Tomatoes |

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338

Menus are subject to change without notice

This institution is an equal opportunity provider.