



# Tri County Middle School

## LUNCH MENU March 17th - 21st, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Breakfast for Lunch</b>	<b>Salisbury Bowl</b>	<b>Nacho Bowl</b>	<b>Chicken Tender Bowl</b>	
<b>create</b>	Scrambled Eggs with a Sausage Patty Pancake Bites Maple Syrup Hash Brown Patties	Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sauted Mushrooms Whole Grain Biscuit	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole, Pico de Gallo, and Sour Cream	Chicken Tenders with a Korean Sesame BBQ Sauce Seasoned Cruly Fries	<b>HAPPY SPRING BREAK</b>
<b>2<sup>nd</sup> mato</b>	Pepperoni Pizza Classic Cheese Pizza	Taco Pizza with Cheddar Cheese Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	French Bread Pepperoni or Cheese Pizza Classic Cheese Pizza
<b>grill'd</b>	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack Quesadilla	BLT Biurger Breaded Chicken on Waffles	Spicy Chicken with Cheese on a Bun Turkey Bacon Ranch Wrap	Mushroom Swiss Burger Nashville Chicken Nuggets with Dinner Roll
<b>ON THE GO</b>	Chicken Bacon Club Sandwich	Ham & Cheese Wrap	Turkey Cobb Salad	Tuna Salad Sub	Veggie Wrap with Egg and Cream Cjeese
	Make your own Parfait				
<b>EXTRA EXTRA</b>	Power Carrots Fresh Whole Fruit Chickpea Salad Garbanzo Beans Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Chickpea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Broccoli Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Chopped Romaine	Ranch Corn Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Chickpea Salad Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

**MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.**

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338