

## **Tri County Middle School** LUNCH MENU March 3rd - 7th, 2025

| Create         | Monday<br>Corn Dog<br>Big Corn Dog<br><i>Cole Slaw</i>                              | Tuesday<br>Chicken Bar<br>Spicy or Regular<br>Chicken Patty<br>Regular or Pretzel<br>Bun<br>Assorted Cheeses and<br>Seasoned Curly Fries | Wednesday<br>Chicken Fajita Wrap<br>Chicken Taco Wrap with<br>Romaine Lettuce and<br>Pico de Gallo<br>Salsa<br>Sour Cream | Thursday<br>To-Go Meal<br>Ham & Cheese on a<br>WG Bun<br>Fritos<br>Apple<br>Baby Carrots | Friday<br>To-Go Meal<br>PB&J<br>Fritos<br>Apple<br>Baby Carrots                 |
|----------------|---|--|---|--|---|
|                |   | ocusoned ouny rites  |   | Buby Burrots   |   |
| mato           | Pepperoni Pizza<br>Classic Cheese Pizza   | Sausage Pizza<br>Classic Cheese Pizza  | Chicken Bacon Ranch<br>Pizza<br>Classic Cheese Pizza  | Pizza Fiestada<br>Classic Cheese Pizza   | Scrambled Egg Pizza<br>with Sausage<br>Classic Cheese Pizza                     |
|                |   |  |   |  |   |
| grill/d        | Classic Cheeseburger<br>Breaded Chicken<br>Sandwich                                 | Chicken Nuggets with a<br>Dinner Roll<br>Garden Burger on a<br>Pretzel Bun   | Breaded Chicken with<br>Pickles Sandwich<br>Jalapeno Cheddar<br>Turkey Burger   | Cheddar Guacamole<br>Burger<br>Ham. Egg, and Cheese<br>Quesadilla                        | BBQ Cheddar Bacon<br>Burger<br>Breaded Chicken and<br>Cheese Sandwich           |
| ON <b>≣</b> GO | Chicken Chef Salad  | Roast Beef Wrap with<br>Provolone and<br>Horseradish   | Ham, Salami, and<br>Pepperoni Sub   | Ham & Cheddar Chef<br>Salad  | Honey Mustard Ham &<br>Cheese Wrap  |
|                | Make your own Parfait Bar   |  |   |  |   |
| -1             | Celery Sticks   | Sliced Cucumbers   | Fresh Caulflower  | Power Carrots  | Cherry Tomatoes   |
| ALL RANKE      | Cheddar Pea Salad<br>Fresh Whole Fruit<br>Assorted Chilled Fruit<br>Chopped Romaine | Power Carrots<br>Fresh Whole Fruit<br>Assorted Chilled Fruit<br>Chopped Romaine  | Celery Sticks<br>Fresh Whole Fruit<br>Assorted Chilled Fruit<br>Chopped Romaine   | Cheddar Pea Salad<br>Fresh Whole Fruit<br>Assorted Chilled Fruit<br>Chopped Romaine      | Power Carrots<br>Fresh Whole Fruit<br>Assorted Chilled Fruit<br>Chopped Romaine |
| M              | Power Carrots   | Italian Chickpea Salad   | Italian Chickpea Salad  | Cherry Tomatoes  | Broccoli Florets  |

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338