



Tri County Middle School

LUNCH MENU September 16th - 20th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
	Breakfast for Lunch	Salisbury Bowl	Nacho Bowl	Chicken Tender Bowl	Hot Dog Bar
create	Scrambled Eggs with a Sausage Patty Pancake Bites Maple Syrup Hash Brown Patties	Salisbury Steak Mashed Potatoes with Creamy Beef Gravy Sautéed Mushrooms Whole Grain Biscuit	Spicy Taco Meat Tortilla Chips Cheese Sauce Refried Beans Guacamole, Pico de Gallo, and Sour Cream	Chicken Tenders with a Korean Sesame BBQ Sauce Seasoned Curly Fries	All Beef Hot Dog Toppings include Chili, Macaroni & Cheese, Tomatoes, Onions, Jalapenos Boston Baked Beans
2nd mate	Pepperoni Pizza Classic Cheese Pizza	Taco Pizza with Cheddar Cheese Classic Cheese Pizza	Bacon Tater Tot Pizza Classic Cheese Pizza	BBQ Chicken Pizza Classic Cheese Pizza	French Bread Pepperoni or Cheese Pizza Classic Cheese Pizza
grill'd	Classic Cheeseburger Breaded Chicken on a Bun	Spicy Tenders with a Biscuit Ham & Pepperjack Quesadilla	BLT Biurger Breaded Chicken on Waffles	Spicy Chicken with Cheese on a Bun Turkey Bacon Ranch Wrap	Mushroom Swiss Burger Nashville Chicken Nuggets with Dinner Roll
ON THE GO	Chicken Bacon Club Sandwich	Ham & Cheese Wrap	Turkey Cobb Salad	Tuna Salad Sub	Veggie Wrap with Egg and Cream Cheese
	Make your own Parfait				
EXTRA EXTRA	Power Carrots Fresh Whole Fruit Chickpea Salad Garbanzo Beans Celery Sticks Assorted Chilled Fruit	Fresh Celery Sticks Chopped Romaine Fresh Whole Fruit Chickpea Salad Pear Raisin Salad Assorted Chilled Fruit	Fresh Broccoli Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Power Carrots Chopped Romaine	Ranch Corn Salad Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit Chickpea Salad Chopped Romaine	Baby Carrots Red Peppers Fresh Whole Fruit Assorted Chilled Fruit Pear Raisin Salad Chopped Romaine

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338