









Tri County Middle School

LUNCH MENU September 23rd - 27th, 2024

Waffle Sai				
vvaille Sai	ndwich Burger E	Bar Chicken W	ings Nacho Bow	l Chicken Alfredo
(C) WG Wa	ffles 100% Beef	Patty Sweet & Sour C	hicken Spicy Taco Mea	at Diced Chicken
Egg Pa	tty Regular or Pref	zel Bun Wings	Tortilla Chips	Pasta with Alfredo
Sausage	Patty Assorted Che	eeses, Veggie Egg	roll Shredded Chedd	lar Sauce
WG War Egg Pa Sausage American C Tater T Maple S	Cheese Lettuce, Tomato	oes, and Sweet & Sour D	ipping Refried Beans	Dinner Roll
Tater T	ots other Burger to	oppings Sauce	Guacamole	Oven Roasted Broccoli
Maple S	yrup Seasoned Cur	ly Fries	Pico de Gallo	Overi Roasted Broccoii
a to	D 01	.		
Pepperoni	Pizza Bacon Cheese Pizza	Bourger Hawaiian Pi	Pepperoni Pizza v Zza Jalapenos	with Supreme Sausage Pizza
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Classic Chee	se Pizza Classic Chees	e Pizza Classic Cheese	Pizza Classic Cheese P	izza Classic Cheese Pizza
Classic Chee	Sehurger Chicken Tender	0	I BURNAR	Classic Cheeseburger
5 <u>F</u>	Breadstic	'	5	
Breaded C				
Sandw	ich BBQ and Che	eddar Sandwich	with Bacon/Provol	one Sandwich
		Roast Beef	and	
Chicken BL	T Salad Turkey Hummu	is Wrap Provolone on :	Sliced Chef Salad with Ha	am & Egg Salad Croissant
Chicken BL	with Spinach/To	omatoes Bread	Cheddar	_99 03.3.3 0.0.003
Make your own Parfait Bar				
	Salad Celery Stic	cks Power Carr	ots Black Bean Sala	nd Cauliflowerettes
Romaine L	ettuce Romaine Le	ttuce Romaine Let	uce Romaine Lettuc	e Romaine Lettuce
Black Bean Romaine L Fresh Who Sliced Red F Assorted Chi	le Fruit Fresh Whole	Fruit Fresh Whole	Fruit Fresh Whole Fro	uit Fresh Whole Fruit
Sliced Red F	• • •	'		Black Bean Salad
Power Ca	arrots Sliced Cucun	nbers Cauliflowere	tes Sliced Cucumbe	rs Grape Tomatoes

MIDDLE SCHOOL: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.

For questions, comments, or suggestions, please call Lisa Newton, Director of Food Services @ 231-937-4338