



January  
2025

Tri County Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
6 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	7 <b>Crunchmania</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	8 <b>Ultimate Breakfast Round - Banana Chocolate Chip</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	9 <b>Big R/S Trix Cereal</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	10 <b>Blueberry Pancakes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
13 <b>Scooby Doos with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	14 <b>Maple Waffles</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	15 <b>Jungle Crackers with a Trix R/S Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	16 <b>Ultimate Breakfast Round - Oatmeal Apple Cinnamon</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	17 <b>Big R/S Trix Cereal</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
20 <b>Big Blueberry Chex Cereal</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	21 <b>Big Cinnamon Toast Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	22 <b>Fruit Muffin with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	23 <b>Big Cinnamon Toast Crunch R/S Bowl</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	24 <b>Confetti Pancakes</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk
27 <b>Big Graham Crackers</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	28 <b>Big Honey Cheerio Bowl</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	29 <b>Giant Cinnamon Crackers with Peanut Butter</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	30 <b>Maple Waffles</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk	31 <b>Big Cinnamon Toast Crunch Bar</b> <i>Fruit, Juice, or Dry Fruit</i> 1% Low-fat Milk Skim Milk

**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim milk.**

For questions, comments, or suggestions, call Lisa Newton, Director of Food Services @ 231-937-4338 ext. 1118

Menus subject to change without notice

Assorted fruit, dried fruit, or fruit juice will be provided each day.